



## TODAY'S MESSAGE:

### The Power of the Spirit

Bob Schwahn | Lead Pastor | October 9, 2022

*So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. But if you are led by the Spirit, you are not under the law. The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.*

**Galatians 5:16-26 (NIV)**

#### 1) Crucify the Flesh

BELIEVE > BEHAVE > BECOME

THE THINGS WE DO, DO SOMETHING TO US

#### 2) Live by the Spirit - John 16:7-8 (NIV)

#### 3) Practice > Confession

*Therefore confess your sins to each other and pray for each other so that you may be healed.* **James 5:16a (NIV)**

#### 1) Invitation

*Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.*

**Psalms 139:23-24 (NIV)**

#### 2) Relentlessly Responsive

#### 3) Be honest with God and others



### Reflection Questions:

- 1) What are some ruts/habits/pathways that you have developed in your thoughts/desires/behaviors that feed your FLESH (self)? Are there areas in your life where you struggle to believe you can change?
- 2) What are practical ways that followers of Jesus can learn to starve our flesh and feed the Spirit in our life?
- 3) What does it mean for you to "keep in step with the spirit" (Galatians 5:25)?
- 4) Why would Jesus say to his disciples that it is better for him to go away so that he can send the Holy Spirit (John 16:7-8)? Why is that better for us who follow Jesus?
- 5) Why do we confess our sins to God if He has already forgiven us? What does God want us to experience in our life through confession?
- 6) Why is it powerful for your healing to confess your sin to another person (James 5:16)? How have you seen this be transforming in your life? What keeps us from confessing to other people?
- 7) What is the difference between conviction and condemnation with regard to our sin (Romans 8:1)? Why is conviction helpful and condemnation harmful?
- 8) What are some recent convictions/nudges/prompts you have received from the Holy Spirit with regard to your sin?