



A hard question: Why are relationships complicated?

What causes fights and quarrels among you? Don't they come from your desires that battle within you? You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.

James 4:1-3 (NIV)

When "I'm So Complicated" meets "I'm So Complicated" things get more Complicated

The key to helping our relationships: A humble story

"Humble yourselves before the Lord, and he will lift you up." **James 4:10 (NIV)**

Reflection Questions:

- 1) Why do you think relationships are so complicated?
- 2) What are some of the most complicated relationships in your life right now?
- 3) Do you believe that you are complicated? Why or why not?
- 4) What in your story makes you complicated?
- 5) Why is humility the key to helping our relationships?
- 6) What is one practical way that you can practice humility this week in a relationship?